

Middle School Guidance



Lyme Disease - The Facts!

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With the approaching summer months in the near future, parents need to be informed about the possibility of their child/children coming into contact with ticks when working or playing outdoors. What is Lyme disease? Lyme disease is a bacterial infection, that is most commonly contracted from a tick bite, that may initially cause a flu-like sickness. Untreated, or inadequately treated, it may cause long-term, persistent illness that can affect many systems of the body. How do you get it? Lyme Disease (LD) is spread primarily through the bite of the deer tick. How do I know if I have Lyme disease? This can be a problem because the symptoms of LD are very similar to those of many common infections, and mimic some of the symptoms of other diseases. One sign that is almost

unmistakable is the development of a bull's eye rash around the site of a tick bite. *If you have this rash, you have Lyme disease!* Other symptoms can include mimicking a cold or flu, fever, headache, muscle and joint pains, tingling or numbness and general fatigue. Since flu season runs during the winter months, and most LD infections occur during the other seasons, any case of "flu" in warm weather should be considered suspect. If you suspect that your child/children have been bitten by a tick and you are concerned about the disease, you will need a clinical diagnosis which means that your doctor will base his diagnosis on the signs of the disease that you show and the symptoms that you report. Your doctor will then order blood tests which will

support his clinical diagnosis. Unfortunately, there is no quick remedy for this disease. Everyone is different and responds differently to the bite. Treatment often has to be "fine-tuned" for each patient. For more information, visit the Lyme Disease Association Pennsylvania.

Quote of the month "In order to achieve, I had to achieve. In order to be great, I had to believe." (Unknown)



**Happy
Mother's Day**

Points of Interest:

- ✓ - Absent from school? Check out the teacher lesson plans by logging into the Logic House Parent Portal.
- ✓ - Excuses are due the day students return to school. A grace period of three days is allowed before becoming illegal.
- ✓ - Bullying information can be found at: <http://www.bbsd.com/bullying>

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Important Upcoming Events

The following are a listing of important dates to remember:

May 13, 2012 - Happy Mother's Day. Thanks mom!

May 24, 2012 - Middle School Awards Day.

May 24, 2012 - N.J.H.S. Induction Ceremony.

May 25, 2012 - End-of-Year Middle School Dance.

May 28, 2012 - Memorial Day. No School.

May 30, 2012 - Last student day of the 2011- 2012 school year.

May 31, 2012 - Teacher In-Service.

June 14, 2012 - Flag day. Display the American flag proudly!

June 17, 2012 - Happy Father's Day. Thanks dad, I love you!

July 4, 2012 - Independence Day. Happy birthday America! Land of the free and home of the brave!

